

# Passive and Low-Energy Buildings - The Future

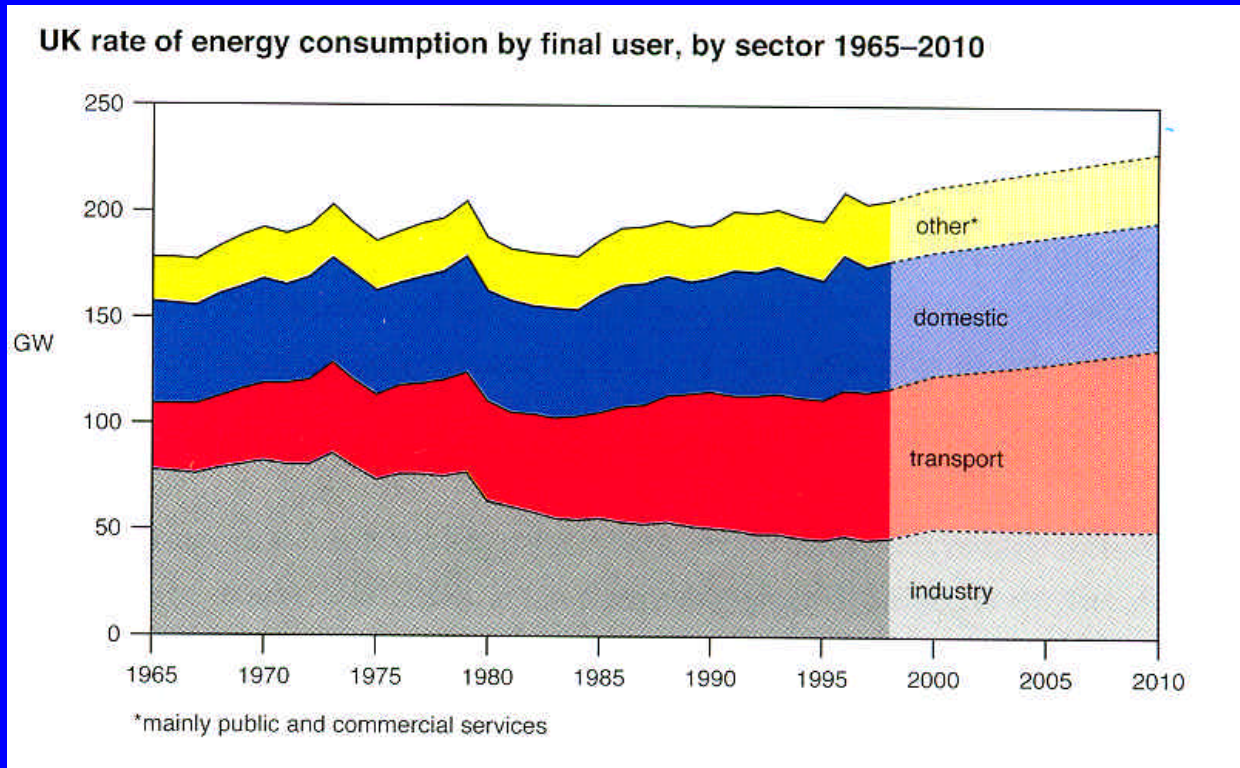


## INFORSE-Europe Seminar

Sept. 30 - Oct. 4 2003,  
CAT, Wales, UK

Cindy Harris,  
CAT  
Centre for Alternative  
Technology

# U.K. Energy Consumption



From the Royal Commission on Environmental Pollution, Summary Report

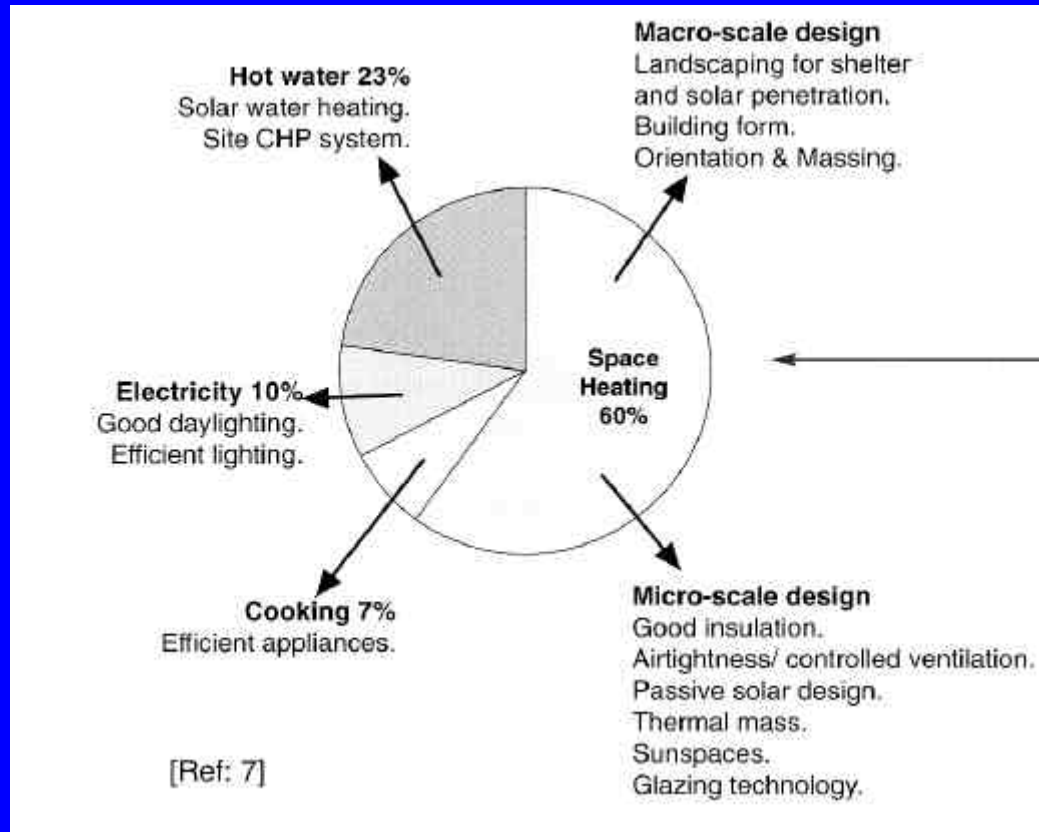
# Low Energy Buildings:

- Energy Conservation - using less (Lifestyle)
- Energy efficiency - using reduced amount in such a way as to achieve maximum performance or output (Technology)
- Both necessary for reducing environmental impact

# Energy Efficient Buildings Depend on..

- Passive solar design
- High levels of insulation
- Good air tightness standards
- Controlled ventilation
- High performance glazing
- Protected entrances
- Efficient heating systems / appliances

# Design Strategies



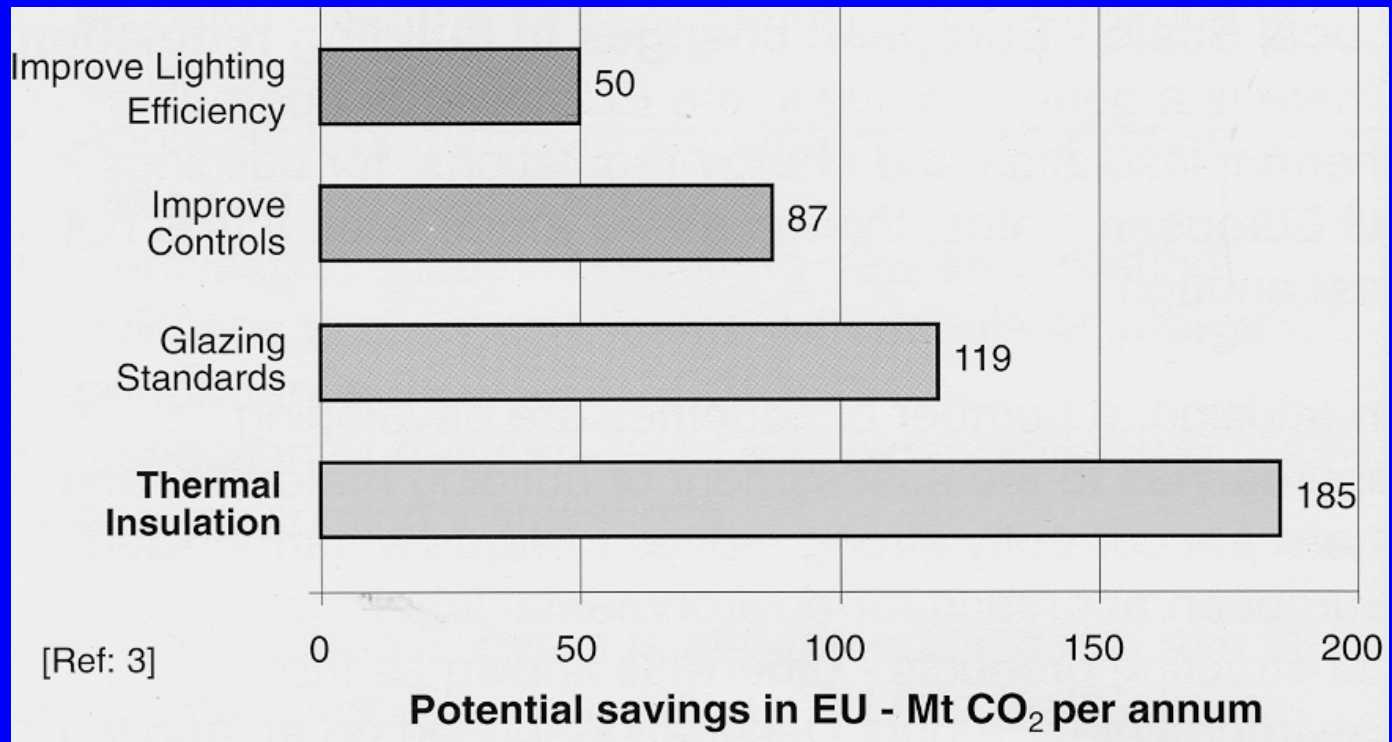
XCO2 Conisbee

C. Harris @ CAT 2003

[www.inforse.org/europe/seminar03](http://www.inforse.org/europe/seminar03)

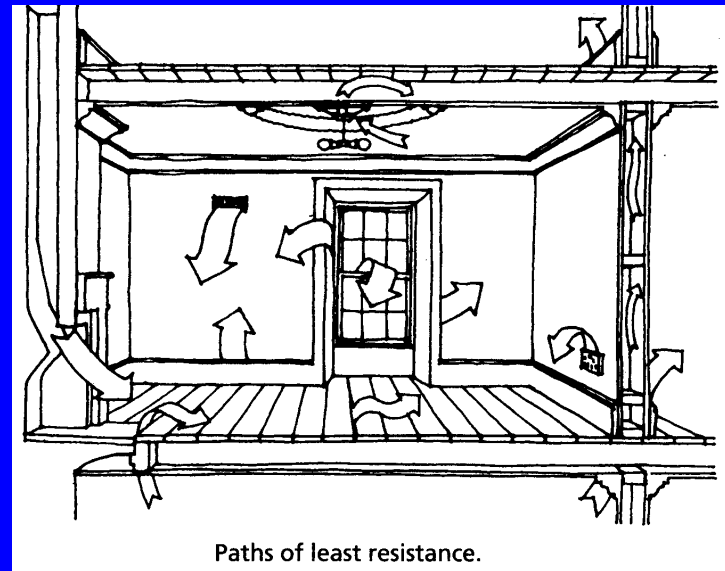
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# Insulation Shows Greatest Potential CO<sub>2</sub> Savings



# Air tightness

- Important to minimise (uncontrolled) infiltration
- Improves effectiveness of insulation
- Measured in air changes per hour at 50 pascals pressure difference (ach@50Pa)
- Energy efficient buildings should aim for max of 3ach@50Pa



# Ventilation Strategy

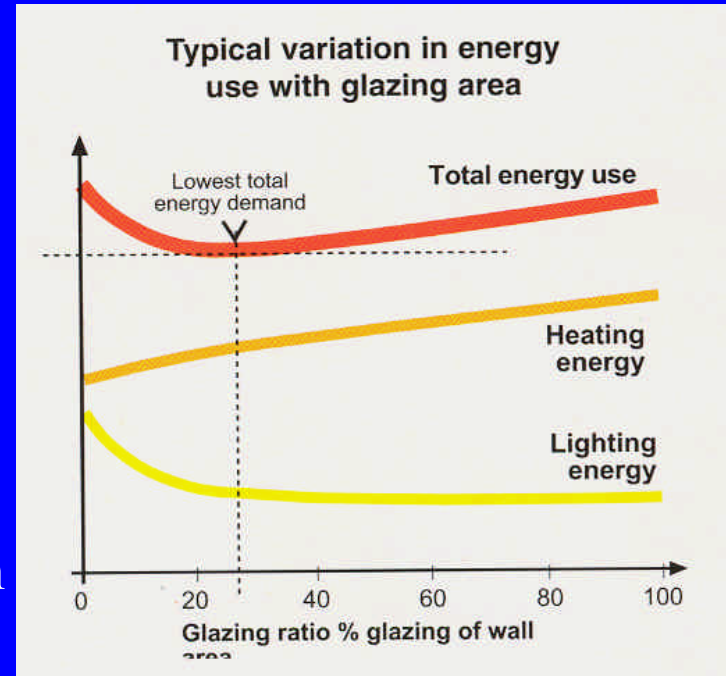
Minimise air leakage - 'build tight'

'Ventilate right', by

- supply controllable background ventilation eg trickle vents
- provide controllable vents to remove moisture at source in kitchens / bathrooms - can be passive or mechanical
- whole house MVHR systems

# Glazing type

- Always an area of relative heat loss, compared to wall
- Therefore, must be as efficient as possible
- Double / triple sealed units
- Low-E (emissivity) coating
- Argon filled cavity
- Innovations include vacuum units, chromic glass

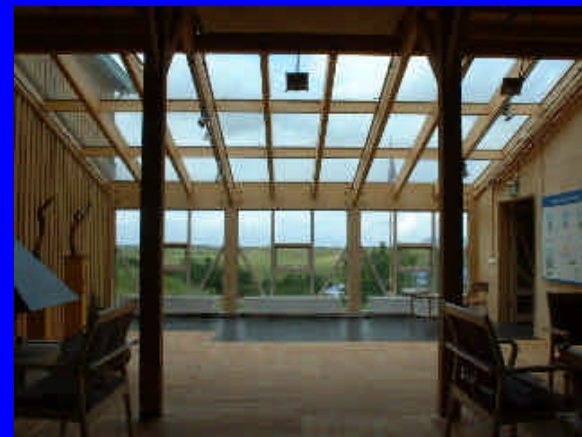
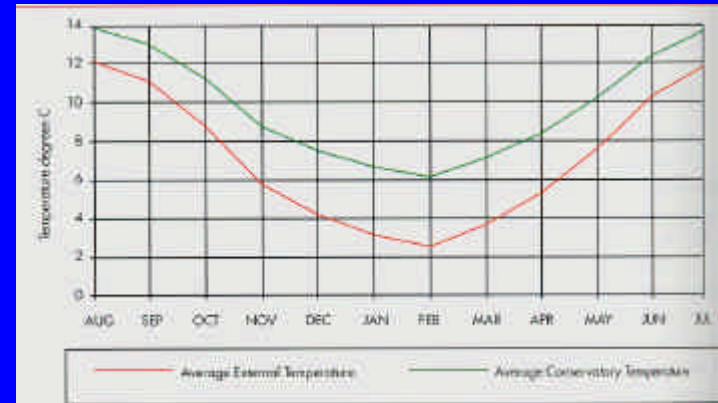


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# Protected Entrances

Conservatories, lobbies, porches improve energy efficiency by:

- Buffer Effect, reduces heat loss
- Solar pre-heat, for incoming air
- 'Air-lock' effect, reduces unwanted infiltration
- Heat conduction into house, through wall/windows

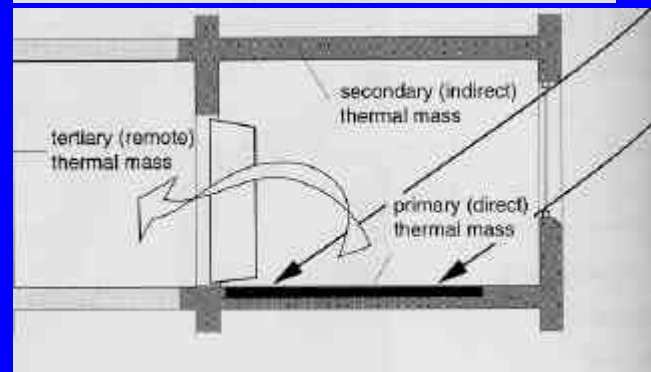
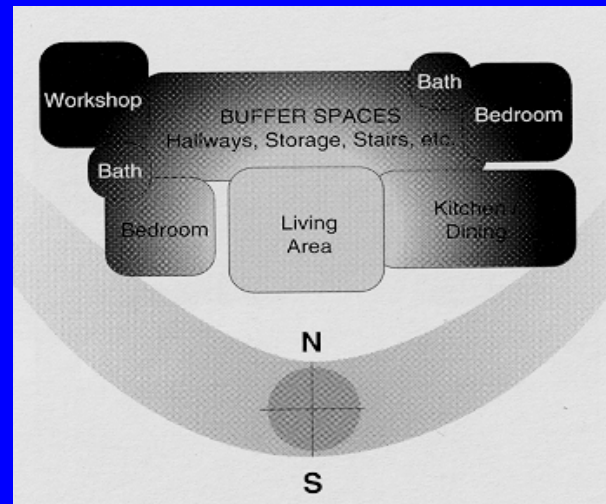


# Passive Solar Design is...

- Design which seeks to maximise the admittance and storage of solar energy
- Assumes energy efficient design (insulation, air tightness etc)
- Uses building elements themselves as solar collectors
- Relies on natural not artificial or mechanical controls

# Passive Solar Design relies on..

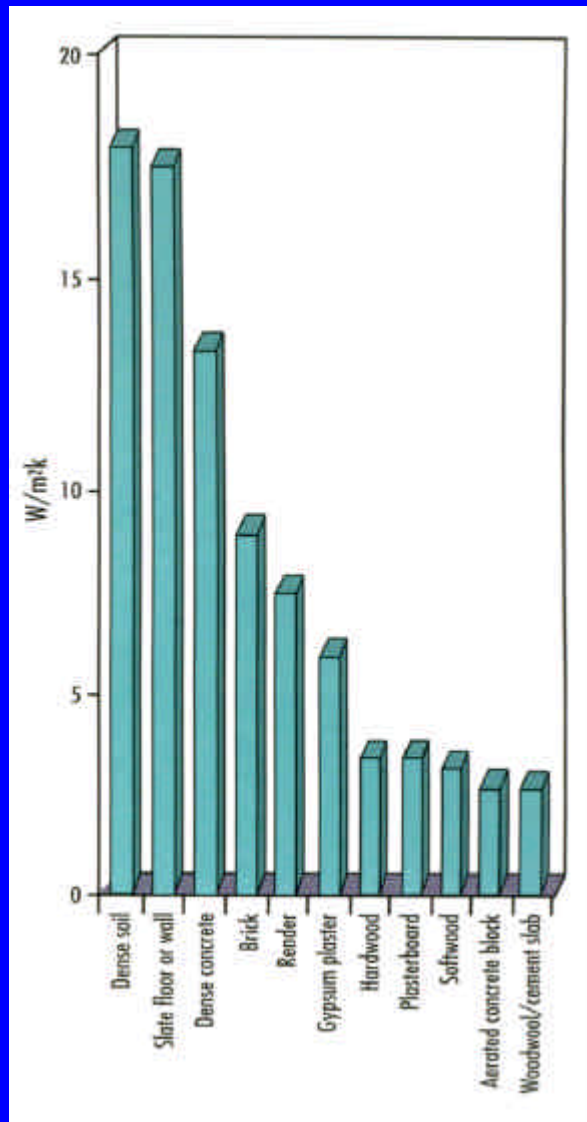
- Southerly orientation
- Appropriate glazing arrangement and internal layout
- Some degree of thermal mass
- Direct 'coupling' of solar radiation, mass and internal space



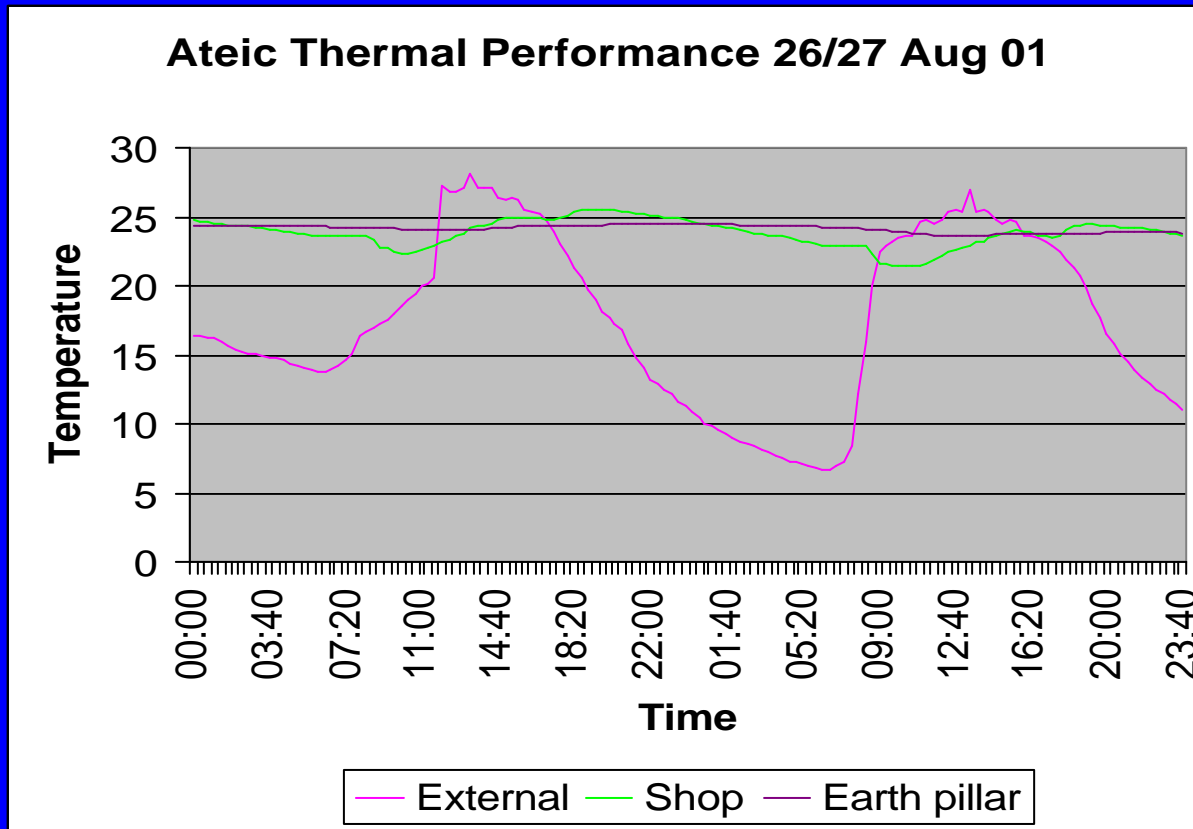
# Heavyweight / Lightweight

- Slow to heat up
- Slow to cool down
- Slow response
- Ability to store heat
- Difficult to insulate
- Dense, conductive
- Non-renewable mats
- Quick to heat up
- Quick to cool down
- Fast response
- Not a heat store
- Easy to insulate
- Less dense, insulative
- Renewable materials

# Thermal Mass



# Ateic Thermal Performance 26/27 August 2001



# Thermal Mass

- Diurnal temperature difference necessary
- Depends on patterns of occupancy
- Needs to be 'coupled' to heated space
- Appropriate depth of mass
- Little difference in energy use cf lightweight well-insulated buildings

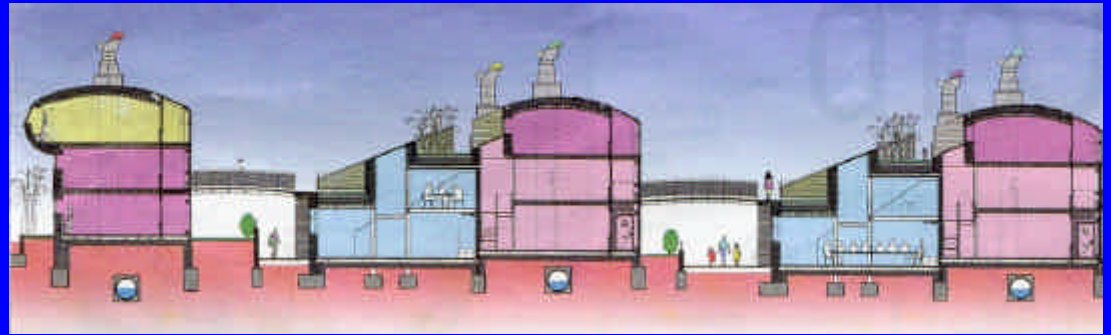
# Timber Buildings at CAT



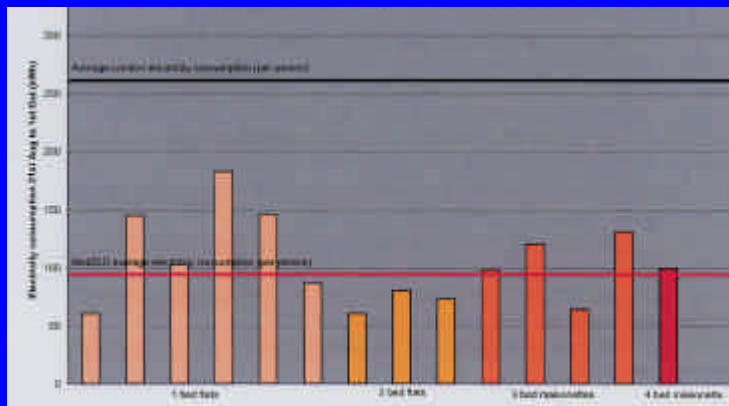
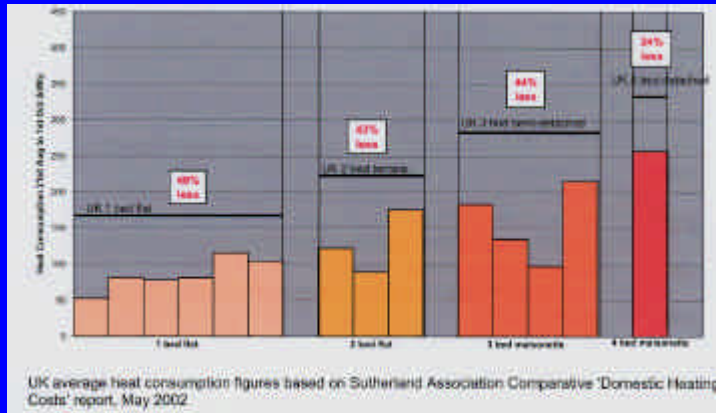
- All local, untreated
- Larch trusses & frame
- Laminated beams
- Oak frames, roof cover, cladding
- Reused Pitch Pine
- Local Ash floors & counter

# BEDZED

Urban high-density  
low-energy design



# BedZed Energy Use



- Average energy use for water heating, 43% less than average
- Electricity consumption for lighting, cooking, appliances, 60% less than average

## Hockerton Housing Project:

- Community self-build
- Earth sheltered, passive solar
- 300mm EPS insulation all round
- No heating system
- PVs & wind
- Reed bed sewage system
- Shared electric car





## Eco Self-Managed:

- Structural oak frame
- Superinsulated
- Lime foundations & render
- Integral sunspace
- PVs, SWH, Wood pellet boiler



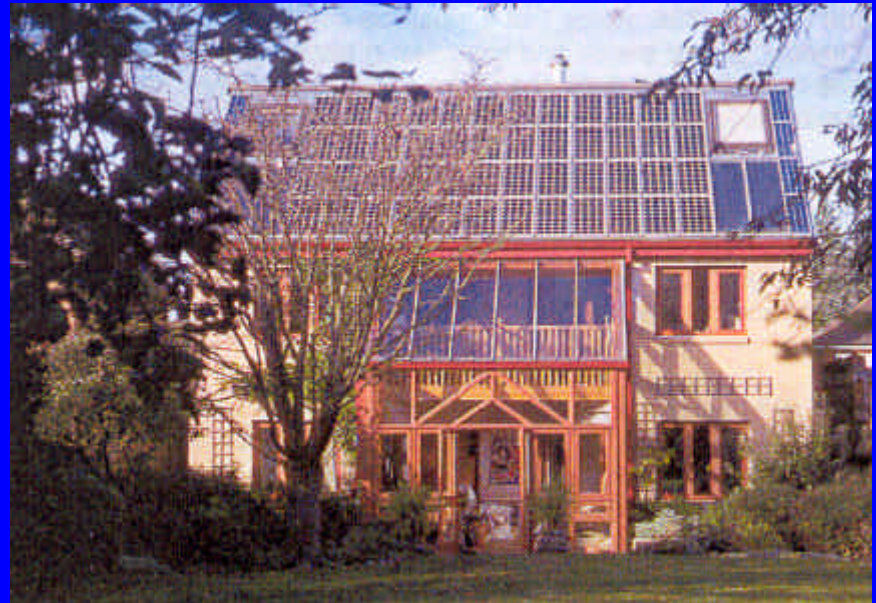
# The Southwell House

- Superinsulated,
- Efficient glazing ( $U = 0.95 \text{ W/m}^2\text{K}$ )
- Airtight ( $1.5 \text{ ach}@50\text{Pa}$ )
- Small woodburning stove, only heating
- 52% of energy consumption, met by solar



# The Oxford Eco-House

- 4 kWp Photovoltaic roof
- 5m<sup>2</sup> Solar thermal
- High mass
- Airtight
- Triple glazing
- Wood burning 'kakkleoven'
- Electric car



# German 'Passivhaus'

- No heating system
- Superinsulated (250-400mm)
- Glazing  $U=0.8\text{W}/\text{m}^2\text{K}$
- Airtight:  
0.8ach@50Pa
- MVHR system >  
80% efficient



# 'Houses Without Heating'

## Lindas, Sweden

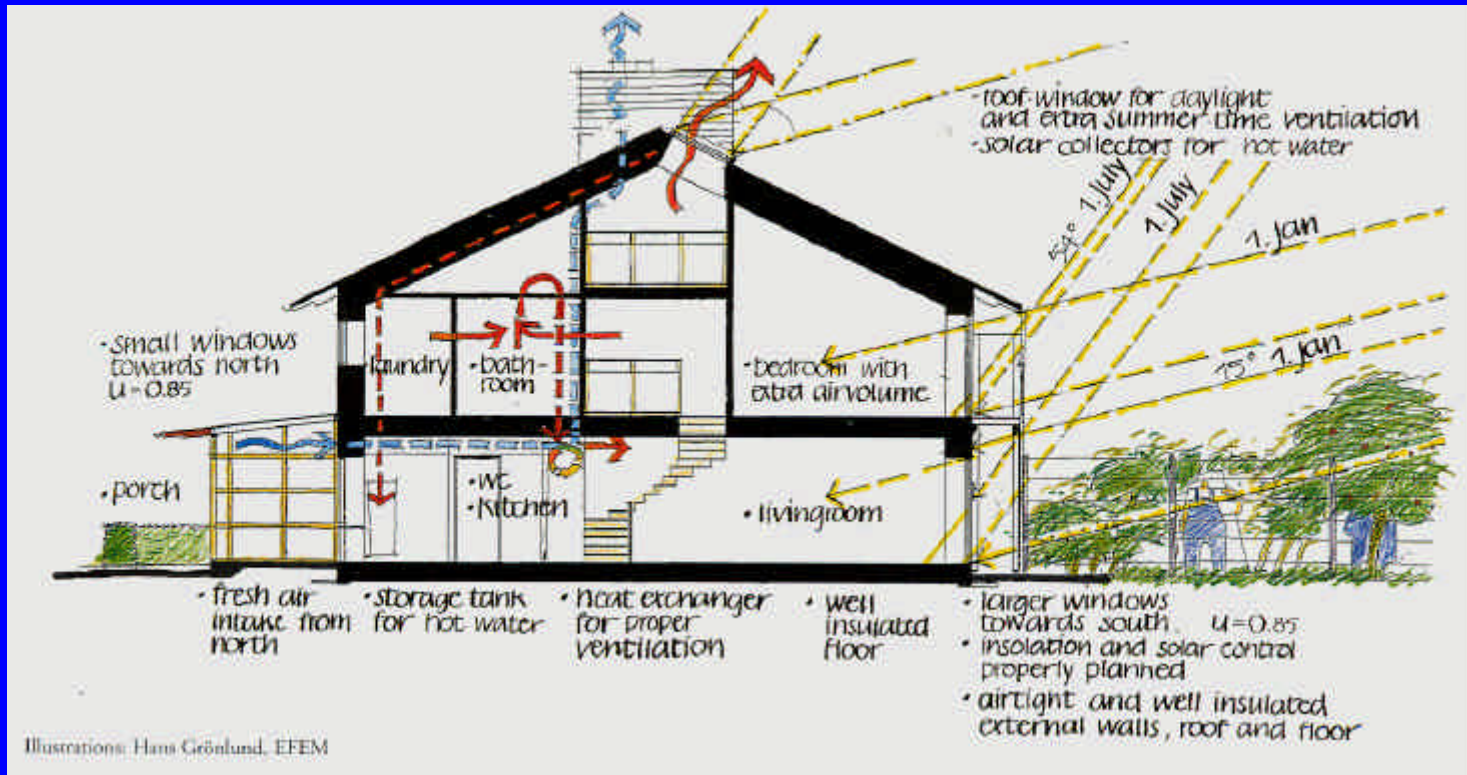
- 20 terraced houses, 120m<sup>2</sup> each
- 200,000 Euros per house
- Extra 'eco' costs equal to cost of heating system



# 'Houses Without Heating'

## Lindas, Sweden

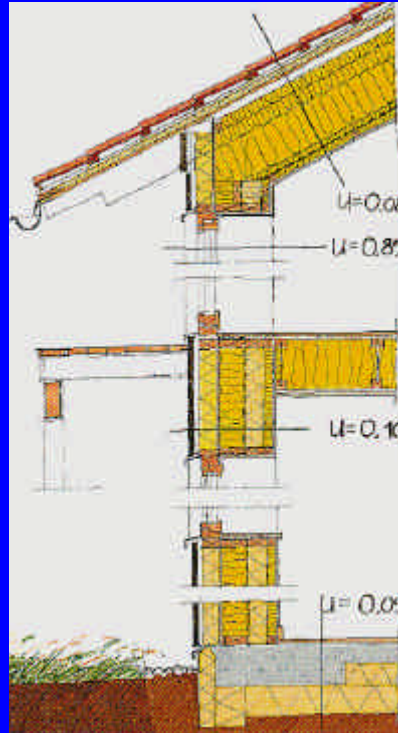
Architect Hans Eek



# 'Houses Without Heating'

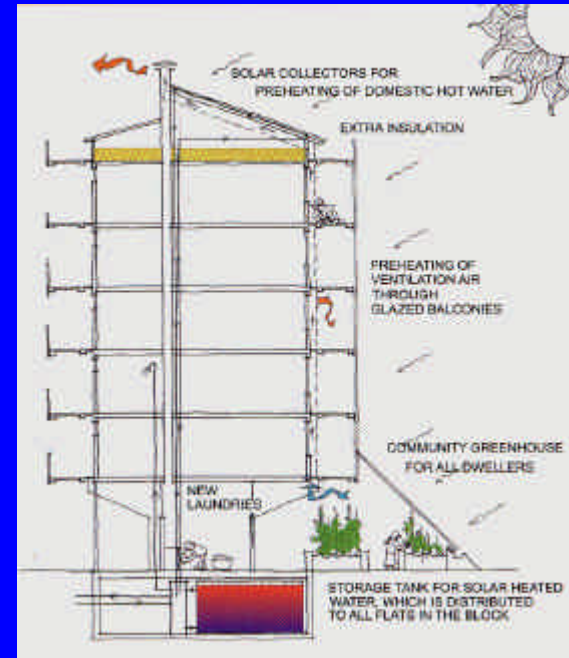
## Lindas, Sweden

- Superinsulated - 480mm in roofs, 430mm in walls
- Triple glazed, low-E, krypton filled windows,  $U=0.85$  W/m<sup>2</sup>K
- Extremely airtight, 0.4 ach@50Pa
- Energy use = about 40kWh/m<sup>2</sup>/yr



# Solar Renovation, Gardsten

- 1970's apartment blocks
- Reduced energy use by 40%
- 225 apartments with 750m<sup>2</sup> of solar thermal used to preheat DHW
- 600 euros/m<sup>2</sup>; 25-30% of new build cost



# Solar Renovation, Gardsten

- Experiment in one block
- Solar air heater + external insulation
- Warmed air vented to gable wall
- Further 30% reduction in energy demand



# Bo01 at Malmö

- 18 different architects, one overall planner
- Brief to achieve heat+energy use  $<105$  kWh/m<sup>2</sup>/yr
- District Heating scheme, fuelled by 20% solar thermal, 80% GSHP
- Energy self-sufficient - 2.4MW wind turbine, grid-linked



# Total Energy Consumption

